

A prayer to end Depression ...

Father, I ask you to come into the darkness that is _____'s life right now. All energies, spiritual, emotional, and physical; are used up. Lord,

he has called out to you and heard no answer. Nothings changed. Everything has come to a stand still; there is no more will to try. There is no hope, no point to live.

I ask You, Lord, to come and rekindle the pilot light of _____'s spirit. Little by little, and at a pace he can bear, increase Your light and energize his spirit.

Jesus, come and let the warmth of Your presence flow from the center of his being outward. He may not feel any immediate difference — that's okay.

I know, Lord, in time, the good feelings will come. Father, I ask that You bless _____s sleep so that rest reaches deep into the exhaustion. Begin the renewal process. Lord, I ask You in faith

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IMPORTANT: These sample prayers are not formulas; rather, they offer ideas and direction. Be led by the Holy Spirit, and use the substance of this prayer as a guide. Also, please acknowledge these prayers as sample narratives, in which gender-exclusive references are used as they would be used in a real situation. For this reason, some prayers are for a female and others for a male. All are interchangeable